

INSIDE THIS ISSUE:

COVER PROJECT FOCUS: NEW GREENVILLE COUNTY PARKING DECK 2023–24 FUNDRAISER- RALLY!® FOUNDATION

PLUS LOTS OF SECO NEWS

Volume 44 www.secoinc.biz

New Greenville County Parking Deck-SC

here is a striking new structure on the Greenville, SC skyline just south of the downtown area where University Ridge meets South Church Street. No, we're not talking about the new Greenville County Administration Building, but rather the stunning new parking deck right next door!

The huge 8-story deck is a true showpiece of custom building exterior cladding. The deck is clad with customized wall panels from top to bottom and end to end! SECO is proud to say that this unique, "statement project" is complete and joins a very long list of projects for which Harper General Contractors and SECO have successfully collaborated.

So, how did this "success story" come to be? Back in the Fall of 2020, SECO responded to inquiries from **Harper General Contractors** seeking budgetary information related to various screening/cladding options for a new parking deck that was being planned as part of the new Greenville County Administration Complex. Roca Point, a commercial developer out of Atlanta, had a contract with the county to build the new complex, inclusive of the design, engineering, and construction costs.

The Administration Building was taken on by DPR Construction, with the architect being Foster and Partners from New York. The parking deck component of the project was taken on by **Harper General Contractors**, with the design and architectural services being provided by LS3P's Greenville based office. Due to its high visibility and immediate proximity to the brand-new Administration building (with its own striking architectural appearance), the whole team knew that the parking deck could not simply be just another mundane or non-descript utilitarian parking deck. No, this deck needed to "make a statement," and does it ever!



Project: Greenville County Square Parking Deck

Location: Greenville, SC

Customer: Harper General Contractors

Architect: LS3P

SECO Contract Administrator: Bobby Stanfill **SECO Engineers:** SECO's Engineering Team

Installer: Pro Strick Cladding

Crew Members: Tony Strickland, Alex Hernandez, Tito Hernandez,

Charlie Jenkins, Benjamin Chavez



The principal in charge at LS3P, Scott May, had his work cut out for him as he was charged with creating the "statement" that the project team knew the structure had to be! Scott, assisted by associate designer architect Will Hinkley, established these major design parameters.

- A. The building had to be complementary to the new Administration Building and not in conflict.
- B. The building needed to be respectful of the horizontal, linear "language" of the Administration Building.
- C. The new parking deck would have a primary "skin" of metal panels. Since parking decks need an abundance of ventilation, the panels would most certainly need to be perforated.

The design team set about creating the look of the building given these overriding parameters as boundaries. Numerous design schemes were modeled, assessed, and budget-priced.

(continued on page 3)

The use of electronic modeling tools really gave the designers the ability to "see" the various design options in 3D prior to making a full commitment to one design or another. At one point, the cladding scheme was a full-horizontal motif with aluminum perforated sheets formed as self-supporting flat panels with variable reveals in the joints. This seemed like the winning design, and as a result, in order to avoid unpredictable and highly volatile price increases, the raw aluminum coil material was pre-purchased months before it would be needed onsite. The early-purchase plan worked great.....until the design changed.

The project team decided that the building skin needed to have more texture than the full horizontal scheme offered. Before we knew it, the team had changed the skin from a horizontal approach to a vertical panel approach. Further, the idea of an alternating "basket-weave" pattern was presented as the desired textured effect. Given that the aluminum coil was already procured, the new vertical panel design needed to utilize the .063" thick



aluminum sheet material. The panels then had to be redesigned to become structural in nature such that they could span a greater distance. Surprisingly, the previously conceived panel support system, an exoskeleton of vertical aluminum tubes, did not have to be altered too much to accommodate the vertical scheme.



Scott and **Will** of LS3P intermixed a few flat panel façade areas to break up the majority of perforated panel areas. These areas were clad with aluminum composite panels (ACM) produced by **ProFab** utilizing Alfrex composite sheets. The vertical panel sheet material was produced and perforated by ATAS International out of Allentown, Pennsylvania. The sheet material was painted with a "Titanium" metallic finish at ATAS' Brightsmith Coaters plant in Morrisville. PA.

All of the engineering and layout work was performed by SECO's top-shelf Engineering Department. **Matthew Toon**, **Paul Bott**, and **Tuan Nguyen** all contributed their extensive talents to the cause. Of course, this was not a cookie-cutter panel project as there turned out to be well over a thousand different-sized, unique panels. **Matthew** directed the activities, and **Paul** did the digital scanning and created most of the individual part drawings.

The fabrication and manufacturing activities all occurred at our ProFab plant in nearby Wellford, SC. **Chris Stephens**, ProFab's plant manager, oversaw the manufacturing of:

- The entire support system
- The aluminum composite panel (A.C.M.)-ProFab's Accu-Trac System
- The flat perforated panels
- The variable, sloped basket-weave panels

The ProFab guys did a great job and produced all of these panels and supports with very, very few re-makes. In addition to the walls described above, **Scott** and **Will** added a connecting covered walkway entirely clad with more of ProFab's Accu-Trac panels. This walkway cover connects the Administration Building with the parking deck both physically and architecturally. Take a peek at the photos. It all came together very nicely!

This article wouldn't be complete without mention of the outstanding installation work performed by **Tony Strickland's** Pro Strick Cladding forces. **Tony's** guys did a fabulous job of laying out and installing all of the supports, panels, and accessories that made up the complete cladding system.



Of course, we owe a tip of the SECO hardhat to the exceptional Harper project team! **Neil Wilson** headed up the Project Team onsite, with **Mitch Benner** doing a great job scheduling and coordinating both pre-con efforts and field activities. **Thomas Heller** was the primary Superintendent for Harper, assisted by **Tyler Perry**. As has become S.O.P. for us, **Bobby Stanfill** served as the operational liaison between Harper and SECO throughout the project.

After crossing the finish line, all concerned parties were able to look at the completed project and feel deeply satisfied that the extremely unique and beautiful project was something to be very proud of. **Scott May**, the Principal Architect, said it best. "The parking deck project is a great example of function and aesthetics coming together perfectly." We could not agree more!

Thanks to all for your important contributions!

Mel's New Ride

ne of SECO's most experienced staff members has recently made a significant life adjustment. Over the last several years, Mel Bindas, Senior Project Manager, started to experience some loss of feeling in his feet and lower legs. The problem seemed to be getting progressively worse and was not improving on its own. Feeling numbness, weakness, and even pain, Mel knew he needed to get a handle on what was going on. As a result, Mel scheduled some testing to see if the medical folks could figure out what the issue was. The results came back, and Mel was diagnosed with Peripheral Neuropathy. Peripheral Neuropathy is damage that occurs to a person's outer peripheral nervous system. Causes vary, but heredity seems to be the biggest culprit.

In two separate incidents, Mel tried to park his vehicle but couldn't sense his foot on the brake, and his garage incurred some damage! Fortunately, Mel did not ever engage another vehicle or become involved in a traffic accident, but risking an event like that was not something Mel wanted to do! Mel was referred to an Occupational Therapist for assessment and training on how to best deal with his newly discovered disability. It was determined, after further testing and assessment, that Mel was eligible to complete paperwork which would allow him to drive a vehicle with hand-controls. After a few O.T. sessions, (driving lessons) Mel was certified as ready to be a hand-control vehicle operator! Mel indicates that it took a little time to "re-train" his brain to use the hand controls.



Mel traded his past vehicle for a new, custom-modified vehicle and now gets around as he always could before. Modern hand controls have essentially push/pull operations for braking and accelerating respectively. The new vehicle can still be operated "normally" with foot pedals, but the hand controls need to be disabled by pushing what Mel calls "the magic button" three times.

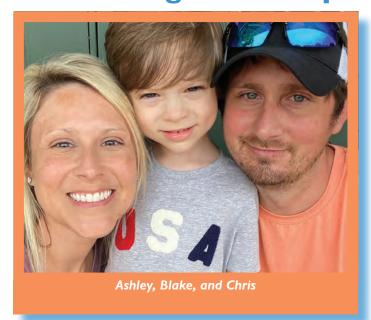
Mel's fellow associates here at SECO congratulate him for taking on this unexpected life challenge, adapting to it and carrying on with his life.



New conference room table tops at SECO's Headquarters
The Corten ACM from Alfrex gives the room a whole different look and feel!



Introducing Chris Stephens



SECO runs a full-scale contracting operation along with a robust material-only division we call NovaTech. Additionally, we produce and fabricate custom materials as an OEM source for various manufacturers. All of these operations and activities are supported by our in-house fabrication plant, ProFab. Located just off I-85, close to Spartanburg and Greenville, ProFab is purposefully situated in the heart of the southeast region. ProFab is a busy place, as one might imagine, with trucks pulling in and pulling out on a very frequent basis! Raw materials arrive and complete fabricated materials ship out.

Who keeps track of all this activity and also oversees and directs the ProFab workforce? Meet Chris Stephens, ProFab's Plant Manager. Chris handles his duties as Plant Manager in a quiet, professional manner. Things can get quite chaotic at times, but Chris is not one to lose his cool or composure.

Chris began working for SECO in 2010. He was formerly an installer working with crews putting up metal buildings. Under the tutelage of the plant manager of the time, Mr. Ed Phillips, Chris was constantly honing his skills and developing his leadership capabilities.

Chris is from the mountain country of northern Tennessee, just this side of the Kentucky border. Born and raised in Oneida, TN, Chris looks back on his childhood fondly. Chris was raised by his grandfather, A. Y. Yancey, Jr., who sometimes went by "June" (for Junior). Chris just simply called him Pawpaw . His grandfather loved the outdoors and possessed a deep, committed work ethic that he definitely passed on to young Chris. That strong work ethic and "do things right attitude" are very evident in the Chris we know today.

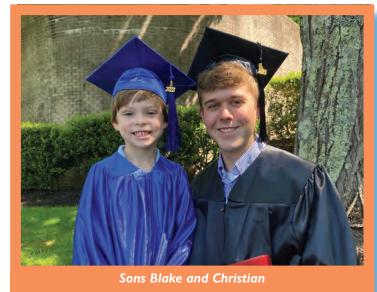
Since Pawpaw loved the outdoors, so too did Chris. Chris remembers going fishing and camping quite a bit and building numerous "forts" in the woods. We wouldn't be surprised if some of those forts may be still standing! This fort-building young man got his first taste of construction taking on these in-the-woods projects and knew that someday he'd be in the construction business somehow. As Pawpaw was headed to his final resting place in heaven, Chris remembers his grandfather calling Chris, "Son." There is no doubt that "June" was, and still remains, a hero to Chris.

A little secret that Chris keeps, was that if he ever got the chance, he would liked to have tried being a race car driver! Alas, the chance never came to him! Chris now lives in Moore, SC, with his wife Ashley and his seven-year-old son Blake. His other son, 22-year-old Christian, recently graduated as a Physical Therapist. In fact, Blake and Christian graduated at the same time with Blake, wrapping up kindergarten. Like the good dad he is, Chris says the births of his boys are his proudest moments!

Chris enjoys country music but didn't apprise us of his favorite artist. Chris also enjoys southern food, but his favorite "go-out-for" food is Mexican. That love for the outdoors is still deep within Chris, and, of course, he still loves hunting and fishing. He notes that he can sometimes be found hitting a little white ball around the golf course, too!

Chris truly tries to put the needs of others ahead of his own, and this is evident in the way he conducts himself and the way he runs ProFab. He says when he knows he has been helpful to his customers or fellow employees, he feels fulfilled and that he is responding to the plan God has created for him.

Chris, thanks for all that you do for us fellow SECOians and for all of our customers. Your get it done and get it done right attitude makes you the perfect man to run ProFab's operation!



FACES OF SECO



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SAFETY CORNER | Page 8

Self-Retracting Devices (SRDs) - Part One

or this newsletter edition, SECO and safety partner HB NEXT teamed up to bring you Part
One of a two-part series all about identifying and using self-retracting devices for fall arrest in construction. — **Ryan Boling,** CIT, STSC, CRIS, Director of Training, HB NEXT

How well do you really know your self-retracting devices (SRDs)?

With falls being amongst the most frequent causes of accidents and fatalities in our industry, SECO has long recognized the importance of fall prevention in the workplace. We have the safety record to prove it! Understanding what it takes to maintain a successful employee safety and health program, we seek to provide education that demonstrates our ongoing commitment to the well-being of our team members. By bringing awareness to critical factors affecting our business and our industry, together, we can make our work environments more efficient and achieve our daily goals of returning home to our loved ones safely!

We experience countless situations in construction when reality fails to meet our expectations. While they do not always feel so in the moment, most of these situations are entirely manageable. When planning for fall hazards and worker safety on construction projects, unmet expectations relative to a safety plan can seriously harm workers and, in some cases, cause fatalities. With incident rates relative to falls being among the highest in the construction industry, you will often see a focused emphasis on fall prevention as a typical component of a company's safety and health program. The dangers associated with working at height are numerous and impossible to ignore.

Because of this inherent danger, many companies must have comprehensive safety plans and programs that directly address the fall-related hazards their workers may be exposed to. These plans include, but aren't limited to, hazard recognition, methods for avoiding them, and controls for eliminating them from the workplace. However, is having an excellent safety plan or program enough to reduce the ongoing potential for danger to our valued workers? What good is a robust safety plan if it does not address the training or knowledge required to execute it effectively? While the use of personal fall protection is something typically addressed in safety manuals and related safety plans, how many of them require the training of employees to include recognizing the various methods and types of fall protection that are encountered on a job site?

Understanding the safety plan for your particular work area is one thing. It is another to understand the safety plan, the equipment needed to perform the work safely, what that equipment looks like, and how that equipment functions.

The self-retracting or retractable lifeline is popularly used on construction job sites to limit a worker's fall exposure from an

unprotected opening, side, or leading edge. Like many other types of construction safety equipment, the industry's evolution gave rise to adaptations of the self-retracting lifeline, allowing these devices to be utilized on job sites requiring worker protection for fall arrest and fall restraint. Advancements in safety technology can often lead to the introduction of new safety guidelines. In 2012, the American National Standards Institute (ANSI) released a standard (Z359.14-2012) that categorized self-retracting lifelines into Class A and B.

So, what's the difference? Can't anyone wearing a body harness just connect any self-retracting device to a secure anchor point and work safely?

It would be easy to assume that these devices are categorized based on their application or expected usage in the workplace. In reality, the distinction between Class A and Class B devices is not based on how they are used on the jobsite but instead by their function and capacity relative to fall arrest distances and corresponding arresting forces.

Can you identify the corresponding arresting distance and arresting force limits for Class A and Class B self-retracting devices? Let's see how your knowledge 'measures' up! How well do you really know your self-retracting devices (SRDs)? (Answers below)

- A. Class A retractable devices offer a maximum arresting distance of up to ____ inches and can withstand an average arresting force of up to ____ lbs.
- B. Class B retractable devices offer a maximum arresting distance of up to ____ inches and can withstand an average arresting force of up to ____lbs.

Thanks for reading, and don't forget to tune in for Part Two in the next newsletter!

Safety Blurb

The OSHA Form 300A (Summary of Work-Related Injuries and Illnesses) is required to be posted at all applicable workplaces/job sites by February 1. It must remain posted until April 30 of each year!



Rally Foundation for Childhood Cancer Research: Making Strides in the Fight Against Pediatric Cancer

n 2005, a fateful encounter in a hospital room changed the course of one teenager's life, sparking the creation of an organization dedicated to battling childhood cancer. Rally Foundation for Childhood Cancer Research was founded with a simple yet profound question: "What can I do to help?" Rally's mission to empower volunteers, raise awareness, and fund vital research in the fight against pediatric cancer has since grown into a formidable force in the realm of childhood cancer research.



A Heartfelt Beginning: The journey of Rally Foundation began with a brave 17-year-old boy named William who was battling a brain tumor for the second time in just two years. Rally's Founder and CEO, Dean Crowe, posed the question to William's mother, "What can I do to help?" Her response was clear: "Raise money for childhood cancer research and fund the best research wherever it may be." With that simple yet powerful conversation, the Rally Foundation's mission was born.

The Rally Foundation for Childhood Cancer Research is a 501(c)(3) nonprofit organization with a clear and unwavering mission: Raise awareness and funds for childhood cancer research. Their ultimate goal is to discover better treatments that yield fewer long-term side effects and, ultimately, cures. They are committed to being philanthropic seed investors in groundbreaking discoveries, supporting research at all stages, from initial ideas to clinical trials.

Rally Foundation has achieved remarkable success in the pursuit of its mission. With the highest ratings from charity watchdogs, Rally assures donors that their contributions are making a significant impact in the fight against childhood cancer. Since its inception, Rally has awarded an astounding \$29.4 million in childhood cancer research grants, funding projects not only across the United States but also around the world.

The Power of SECO's Choice: Rally Foundation's dedication to finding better treatments for childhood cancer caught the attention of SECO, which selected the organization as its charity of choice for 2023. The decision was made unanimously by all members of the fundraising committee, inspired by the organization's vital work. Our own J.J. Derman delivered a heartfelt explanation for nominating Rally Foundation, touching the hearts of everyone involved.

JJ shared a personal connection to Rally Foundation after witnessing the heartbreaking journey of a friend's son named Hagan Hussey. Hagan fought a rare form of cancer for three long years before tragically passing away at the age of five. In honor of Hagan and all children battling cancer, a generous donation was made by SECO.

SECO's goal is to exceed the \$47,000 raised for our 2022 charity drive. To achieve this, two major events were organized. The August golf fundraiser "Rally FORE a Cure", was a big success, raising nearly \$30,000! The upcoming clay shoot "Shoot for a Cure" event scheduled for December 1st at nearby Old Hudson Plantation is expected to draw many participants, getting us to our goal!

The collaborative efforts of Rally Foundation's fundraising committee, employees, families, and friends have been instrumental in achieving these milestones. With our aim to reach \$50,000 or more by the end of 2023, Rally Foundation for Childhood Cancer Research will receive much-needed funds in their mission to fund cure research!

The Rally Foundation for Childhood Cancer Research stands as a beacon of hope in the battle against pediatric cancer. Their unwavering commitment to funding research, their heartwarming beginnings, and the dedication of individuals and organizations like SECO ensure that the future holds promise for children fighting this devastating disease. As Rally continues to strive toward its mission of finding better treatments and cures for childhood cancer, they inspire us all to join in the fight and make a difference in the lives of these young warriors.

Our Rally! Partners:





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s we do with every edition of the SECO Outlook, we like to take some space to highlight some of the efforts and accomplishments of our very fine field team members. This issue is no exception! As they are very good at doing, our guys have been all over the region leaving behind top-notch installations!



LET THERE BE ROCKY TOP! - KNOXVILLE, TN



Senior Foreman Dennie Neal and fellow Tennesseans Tom Siler, Duane Metcalf, and Paul Osborne are diligently installing metal wall panels on the very large, new Energy and Environmental Science Building at the UT campus in Knoxville. The new building, part of the Institute of Agriculture, is quite an architectural showpiece in the center of the UT Knoxville





campus. Our work involves furnishing and installing 10,000 sf of the high-performance Accu-Trac aluminum composite system and another 20,000 sf of Petersen's concealed fastener profile panels. The Petersen panels are mostly utilized on the walls as a component of the rainscreen

system that the architect, Barber McMurry, called for. Likewise, the Accu-Trac panels are mostly utilized as part of the overall rainscreen design, although there is a good amount utilized at the recessed primary entrance as a high soffit/ceiling.



The project is another in a long line of successful projects SECO has helped build at UT's Knoxville campus. SECO's contractual administration duties are being professionally handled by our **Josh Mathis**. The schedule is tight, the jobsite is tight, but SECO's project team is also tight and more than up to the task! Our customer, **Christman Company** brought SECO on board primarily because the project was NOT a cookie-cutter ho-hum kind of project. In fact, the building is so unique and sophisticated that there are approximately 700 unique composite panels on the building exterior, each one different from the other!

Christman's on-site PM, **Drew Sarno**, had this to say about **Dennie** and the SECO team, "Working with **Dennie** has been great! **Dennie** is always planning ahead, which allows him to find any issues he may have and come up with solutions before he gets there. His crew works very productively and always meets his scheduled durations. **Dennie** is a true craftsman, and his work reflects this!" **Dennie** and the rest of the SECO team make us all proud!

FLY ROBINS FLY – WARNER-ROBINS, GA

SECO has wrapped up a nice insulated panel and column cover project for our customer, Augusta-based ACC Construction. This newly completed project is located on the grounds of Robins AFB near Warner-Robins, GA, and is actually the 3rd phase of a 3-phase CMC project. This project included about 12,000 sf of Centria's Dimension Series panel system and the Accu-Trac clad columns at the building's main entrance. The project looks great, and all are pleased with yet another successful venture! The panels were installed by former SECO Construction Manager Tony Strickland's Pro Strick group. Tony worked closely with SECO's team, including Engineering Manager Matthew Toon, SECO Contract Administrator, Josh Mathis, and our Construction Manager Travis Belew. (Continued on page 12)



HOW FORT (UNATE) FOR US! – AUGUSTA, GA

Our field team is getting ready to wrap-up affairs at a large communications building at Fort Eisenhower (formerly Ft. Gordon) near Augusta, GA. This huge Terra-Cotta project has turned out beautifully and our customer and the Corps of Engineers are very well pleased. When Gilbane awarded this project to SECO, they did so with the knowledge that not just any wall contractor would be able to handle the size and complexity of this project. In addition to the 50,000 sf of Shildan rainscreen Terra-Cotta panels SECO furnished and installed, our team also engineered, fabricated and installed about 5,000 sf of custom aluminum composite window surrounds.

Our field operation has been professionally directed by **Sam Mooney** with **Bob Henry's** team of pros, (**Kelly Compton**, **Carlos Hernandez**, and **Hermas Ramos**) getting things on the wall! **Bob's** been getting some assistance from other SECO field forces, when necessary, but for the most part, **Bob** and his guys have done the heavy lifting. **Jason Cooke**, SECO's VP of Operations has performed SECO's Contract Administration duties and notes that our construction group makes life much easier for him than it otherwise would be!

FLIGHT OF THE CONDER - COLUMBIA, SC



Over in Columbia, SC, SECO foreman, Mitchell Terry has the new Conder Elementary School just about knocked out for our customer, Harper General Contractors. This was a small, but nice Centria Versawall project that included about 4,500 sf of insulated panels and some custom-fabricated aluminum composite panels at the main entrance vestibule. Mitchell's team of Bart King, Tim Fain, and Donnie Lowery performed their usual



excellent work as the Harper/SECO collaboration has once again yielded a great project that the owner and architect very much deserve! As is the norm for SECO on Harper Projects, **Bobby Stanfill** made sure that all of SECO's contractual obligations were met. On the field side, **Sam Mooney** cleared the way for **Mitchell** and company to get the work done!



GIMME AN "S"; S! GIMMEA A "P"; P!... – ATLANTA, GA



What's that Spel(man)? Our team just finished up a small, but very important project at Spelman College in Atlanta. SECO's customer, Turner Construction Company awarded the Rockefeller Arts Building renovation project to SECO with the knowledge that SECO was the right partner to carry out this small, but tricky work scope. **Mitchell Terry's** team installed a number of custom louvers and custom Accu-Trac aluminum composite panels as part of the overall building renovation. All looks good and the customer, as per usual, is more than satisfied with the SECO performance. Bravo!

A TYGER'S TALE - DUNCAN, SC

Mock-up→

Up in Duncan, SC, a new school, Tyger Elementary School, is under construction by SECO customer, Thomson-Turner. SECO was awarded the project after being heavily involved with the design team during the design and pre-construction phases of the project. The workscope involved on this project includes about 14,000 sf of Centria's insulated Versawall panels and another 1,800 sf of a cool European HPL (High-Pressure Laminate) rainscreen system called Fundermax. The HPL panels are a rich red color and really make a bold architectural statement at the main entrance to the school building. **Chris Bramlett** is SECO's field foreman and is very capably directing his team of **Ryan**



Carter, Patrick Isaac, Brian Burgess, and Cory Norton as they diligently get the work done. Once again, Josh Mathis is our Contract Administrator and Sam Mooney is handling our Construction Management responsibilities.

It takes special people to do what we (SECO) do for our customers. We think all of our people are special. Thanks to all of you for taking such good care of our customers!

Upcoming SECO Contracting Projects

LOCATIONS

Wellford, SC

PROJECT

AMC Facility

Wellford Academy **Peace Center** Delta Concourse D Tennessee Oncology Clemson-Alumni Center

Greenville, SC

Allen, SC

Atlanta, GA Nashville, TN Clemson, SC

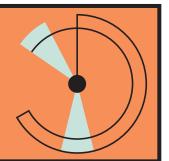
CUSTOMER

Thompson Turner Harper General Contractors

JE Dunn Turner

Brasfield & Gorrie

B. L. Harbert



SECO's Team Member Anniversaries

0 to 5 Years

O YEARS OR LESS

11 YEARS OR MORE

Bobby Davenport Ethan Evans Rony Garcia Jason Hunter Jose Lemus Grande Antonio Rogers **Chris Bramlett Brian Burgess** Luke Lynam Michael Miller

0 to 5 Years (con't)

Ryan Carter Kelly Compton Patrick Isaac Andrew Libby Josh Mathis Samuel Brown Hermas De Leon Ramos Keith Partin David Cake Tuan Nguyen

0 to 5 Years (con't)

Chris Ward Paul Bott Brian Dellinger Annette Miller

6 to 10 Years

Bob Brake Jill Green Cory Norton Justin Spires Matthew Toon

6 to 10 Years (con't)

Timothy Lemmons **Donnie Lowery** David Brown J.J. Derman **Eddie Kinton**

11 to 15 Years

Deno Brown Dennie Neal Tim Fain **Bob Henry** Doug McIntyre Tony Wilson

11 to 15 Years (con't)

Larry Roach Chris Stephens **Duane Metcalf**

16 to 25 Years

Sam Mooney

16 to 25 Years

Tommy Siler Dianna Mitchell **Bobby Stanfill** Travis Belew Jason Cooke Joe Creighton

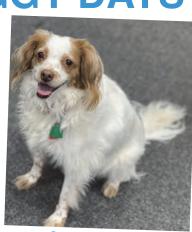
16 to 25 Years (con't)

Mitchell Terry 26 to 30+ Years

Bart King Paul Osborne Cecil Landress

SECO appreciates all of our hard-working employees.





Sadie, 25 lbs. (Bob Brake's)



THE LIGHTER SIDE

Q. Why would a pregnant woman be good to have on the panel crew?

A. They are known to be great "laborers."

Q. Why did the journeyman decline to cut the panels at the corner of the building?

<u>A.</u> When he hired on, he promised he would never cut any corners!

Q. Why was the young new hire excited to be assigned to the new government funded project?

<u>A.</u> Well, bacon is his favorite food, and heard that he was going to be eligible for Davis Bacon.

Q. Why did the new field employee think he was going to get cigarettes at no cost while on site?

A. He heard that the whole site was tobacco free.

Q. How about the aspiring crew member who thought he was due some extra money?

A. He heard he was in line for a background check.

Q. Why did the workman show up to work wearing a trenchcoat?

<u>A.</u> He heard that the crew was going to be working on flashing that day.

Q. Did you hear about the enthusiastic new-hire who brought a beach towel and sunblock to the jobsite?

A. He was told they were going to be doing some laying out that day.

Q. How about the crew that posted videos of themselves singing?

A. They had grown weary of not having any recordables!

Q. Why did the foreman place a stack of paper in front of the shovel and wheelbarrow?

A. He wanted to see paperwork.

What do the words,
"project schedule"
actually mean?
"Seriously? You've got to
be kidding!"

Where does the phase "Pull Plan" come from?
Contractors attempting to pull a rabbit out of the hat!

Why are glass guys the easiest to understand?

One can see right through them.

Why bring a waterproofer to each negotiation one attends?

They're great at "sealing"

They're great at "sealing" the deal.



HR CORNER Page 15

Healthy Habits for Flu Prevention

by Dianna Mitchell

The flu is a contagious respiratory illness caused by the influenza virus. Symptoms of the flu may include fever, chills, sore throat, muscle or body aches, headaches, fatigue, vomiting, and diarrhea. The best way to prevent the flu is to get vaccinated. The CDC states that flu activity typically peaks between October and April and recommends that everyone ages 6 months and older get a flu shot each year. The flu vaccine takes approximately 2 weeks to start working. To prevent the flu, you can also take the following healthy habits:

- Avoid close contact with people who are sick and when you are sick, keep your distance from others. If possible, stay home from work, school, and errands.
- Cover your mouth and nose with a tissue when coughing or sneezing.
- Wash your hands often to help protect you from germs.
 *Avoid touching your eyes, nose, or mouth. Germs can be spread when a person touches something that is contaminated and then touches his or her eyes, nose, or mouth.
- Clean and disinfect frequently touched surfaces at home, work, or school, especially when someone is sick.
- Get plenty of sleep, be active, manage stress, drink plenty of fluids, and eat nutritious food.

Remember, taking these healthy habits can help you avoid the flu and stay healthy!



Job Satisfaction

It's not uncommon for a person to contemplate his or her job satisfaction. In determining one's level of job satisfaction, the following questions would very likely be considered:

- · Do I enjoy what I do when I'm at work?
- · Do I like the folks I work with?
- · Am I good at what I do?
- · Am I appreciated by my employer?
- · Am I fairly compensated for my contributions and efforts?
- Does my employer respect me and afford me advancement opportunity?
- Am I proud to be working for my employer?

These are all great questions for folks to ask themselves, of course, but it's safe to say that those people that are happy in their employment situation would answer affirmatively to most, if not all, of these questions.

What about the company itself? What if a company (employer) were to contemplate these same questions? A "company" is really nothing more than the collective skill, experience, talent, knowledge, dedication, capability, and intelligence of the group known as "employees". Therefore, a company by its nature cannot think or act with a universal, single voice or perspective. What if it could, however? Let's look at those same questions above as if we were the "voice" of the whole company. Since this is a SECO published newsletter, we will assume SECO itself is asking these questions.

- Do I enjoy what I do when I'm at work?
 - **SECO** We are very serious when we set about our daily work, but we have fun doing it. We collectively enjoy overcoming the unavoidable issues and problems that arise and are not deterred or overwhelmed by them.
- Do I like the folks I work with?
 - **SECO** The SECO team is made up of like-minded people who are driven, friendly, smart, and team oriented. Essentially, we like each other!

- Am I good at what I do?
 - **SECO** Collectively, SECO has hundreds of years of experience doing what we do. We've grown pretty darn good at understanding our customers' needs and expectations and delivering on both!
- Am I appreciated by my employer?
 - **SECO** A company can usually tell if their employer (the customer) appreciates a company's performance. How so? The customer elects to work with a company on a repeat basis. If a customer didn't appreciate the company and what they deliver, then there would be no repeat business opportunities.
- Am I fairly compensated for my contributions and efforts?
 - **SECO** We do our best to work within budgets and more often than not, we compete with a budget more so than we compete with other companies. When customers work with us, they know they are paying a fair price, but they also know they need not worry about expectations being met!
- Does my employer respect me and afford me advancement opportunity?
 - **SECO** This question is mostly answered by the preceding question, however, SECO's people are some of the most respected people in our industry. We've been told that having SECO on your resume affords one true credibility.
- Am I proud to be working for my employer?
 - **SECO** We could not be more proud of our customers! Helping build their 1st class buildings and facilities is of paramount importance to us.

In summary, SECO has been happy to do what it does, for nearly 35 years. That's a lot of happiness!

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